**Sat 22nd Jan 2022** **TIMINGS**

**ROUND 1**

12:15 Arrive

12:20 General Warm Up

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Vault | Bars | Beam | Floor |
| 12:55(10min W- Up) – 1:45 | Group 1 | Group 4 | Group 3 | Group 2 |
| 1:45(10min W- Up) - 2:35 | Group 2 | Group 1 | Group 4 | Group 3 |
| 2:35(10min W- Up) – 3.25 | Group 3 | Group 2 | Group 1 | Group 4 |
| 3:25(10min W- Up) – 4:15 | Group 4 | Group 3 | Group 2 | Group 1 |

12:50 Presentation/March On

4:15 Presentation

4.30 Finish

**ROUND 2**

3:30 Arrive/Registration

3:45 General Warm – up

4.15 March On

4:20 First Piece Warm Up

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Vault / R & C | Bars | Beam | Floor |
| 4:20 (10 min W-Up) – 5.15 | Group 5 | Group 6 | Group 7 | Group 8 |
| 5.15 (10 min W-Up) – 6.10 | Group 8 | Group 5 | Group 6 | Group 7 |
| 6.10 (10 min W-Up) – 7.00 | Group 7 | Group 8 | Group 5 | Group 6 |
| 7.00 (10 min W-Up) – 7:45 | Group 6 | Group 7 | Group 8 | Group 5 |

8:00 Presentation