**Sat 7th July 2018** **TIMINGS**

**ROUND 1**

12:15 Arrive

12:20 General Warm Up

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Bars | Beam | Floor | Vault |
| 12:55(10min W- Up) – 1:45 | Group 1 | Group 2 | Group 3 | Group 4 |
| 1:45(10min W- Up) - 2:35 | Group 4 | Group 1 | Group 2 | Group 3 |
| 2:35(10min W- Up) – 3.25 | Group 3 | Group 4 | Group 1 | Group 2 |
| 3:25(10min W- Up) – 4:15 | Group 2 | Group 3 | Group 4 | Group 1 |

12:50 Presentation/March On

4:15 Finish

4.30 Presentation

**ROUND 2**

3:30 Arrive/Registration

3:45 General Warm - up

4:15 March On

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Floor | Vault | Bars | Beam |
| 4:20 (10 min W-Up) – 5.05 | Group 5 | Group 6 | Group 7 | Group 8 |
| 5.05 (10 min W-Up) - 5:50 | Group 8 | Group 5 | Group 6 | Group 7 |
| 5:50 (10 min W-Up) - 6:35 | Group 7 | Group 8 | Group 5 | Group 6 |
| 6:35 (10 min W-Up) – 7:15 | Group 6 | Group 7 | Group 8 | Group 5 |

7:30 Presentation