**Sat 8th July 2017** **TIMINGS**

**ROUND 1**

12:15 Arrive

12:20 General Warm Up

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Vault | Bars | Beam | Floor |
| 12:55(10min W- Up) – 1:40 | Group 1 | Group 2 | Group 3 | Group 4 |
| 1:40(10min W- Up) - 2:25 | Group 4 | Group 1 | Group 2 | Group 3 |
| 2:25(10min W- Up) - 3:10 | Group 3 | Group 4 | Group 1 | Group 2 |
| 3:10(10min W- Up) - 3:50 | Group 2 | Group 3 | Group 4 | Group 1 |

12:50 Presentation/March On

4.00 Presentation

4:15 Finish

**ROUND 2**

3:30 Arrive/Registration

3:45 General Warm - up

4:15 March On

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Vault | Bars | Beam | Floor |
| 4:20 (10 min W-Up) – 5.05 | Group 5 | Group 6 | Group 7 | Group 8 |
| 5.05 (10 min W-Up) - 5:50 | Group 8 | Group 5 | Group 6 | Group 7 |
| 5:50 (10 min W-Up) - 6:35 | Group 7 | Group 8 | Group 5 | Group 6 |
| 6:35 (10 min W-Up) – 7:15 | Group 6 | Group 7 | Group 8 | Group 5 |

7:30 Presentation